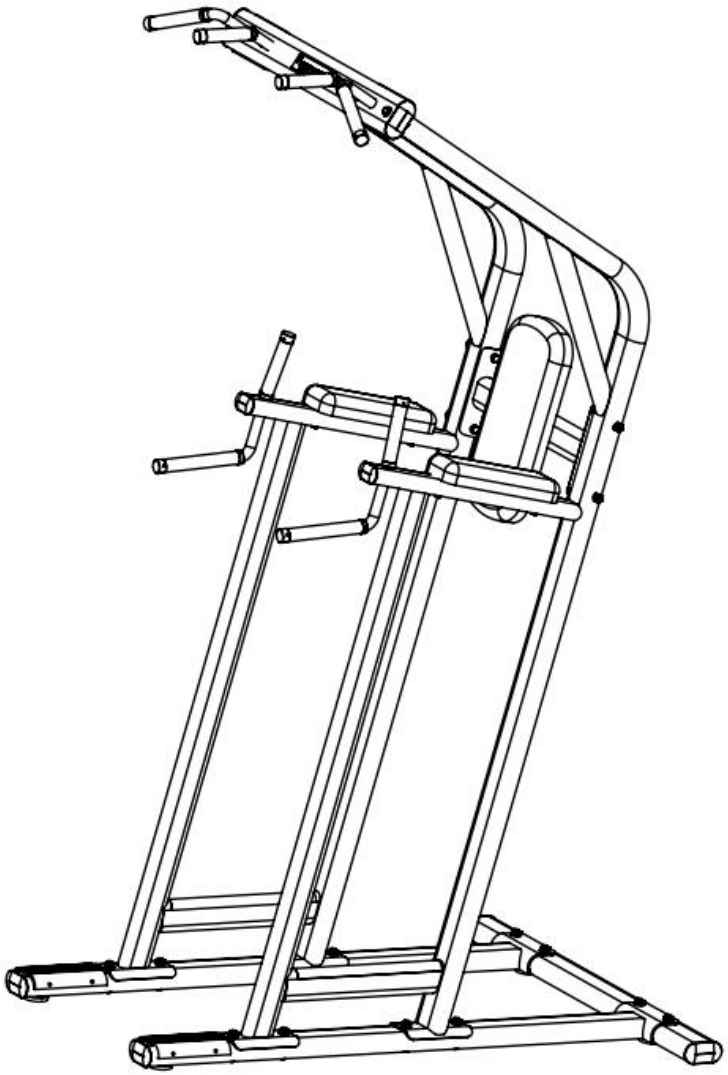
RECOIL

REC1 F0049B



Read all precautions and instructions in this manual before using this equipment

Assembly Caution ---------- 3

Part List ---------- 4

Hardware List ---------- 4

Step 1 ---------- 5

Step 2 ---------- 6

Step 3 ---------- 7

Step 4 ---------- 8

Step 5 ---------- 9

Step 6 ---------- 10

ASSEMBLY CAUTION

Please carefully read the following information before installation

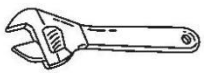
Assembling requires at least two people
Do not tighten all screws before assembly is complete
Ensure that all accessories are complete.

Shortcut: A Lot of People Doing That Way

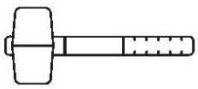
To enhance your installation process for both speed and convenience, consider removing all accessories from the box, carefully opening the packaging, and arranging everything neatly on the floor. This preparation can streamline your setup experience.

The following tools might help you improve your installation experience

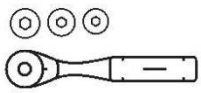
- Adjustable wranches



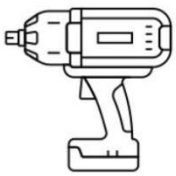
- Rubber hammers



- Socket set



- Electric Wrench



WARNING



Choking hazard. Small parts-Please exercise caution if smallchildren or pets are present.

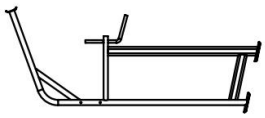
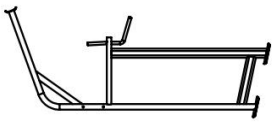
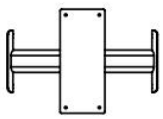
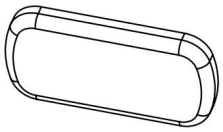
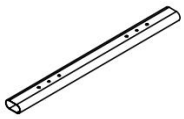
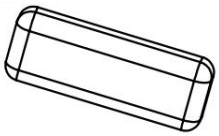
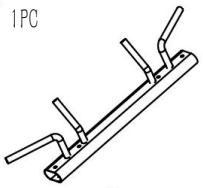
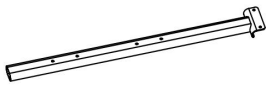


Sharp objects may be involved. Use precaution and protection.

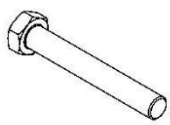
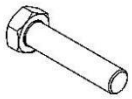
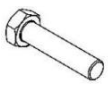
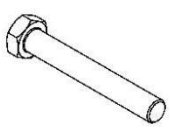
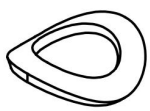
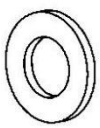
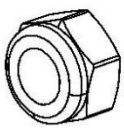
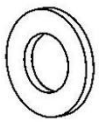


Heavy object. Use lifting aids and proper lifting techniques when moving

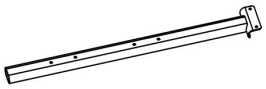
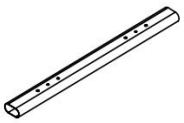
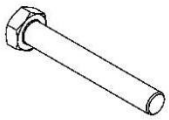
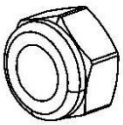
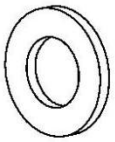
PARTS LIST

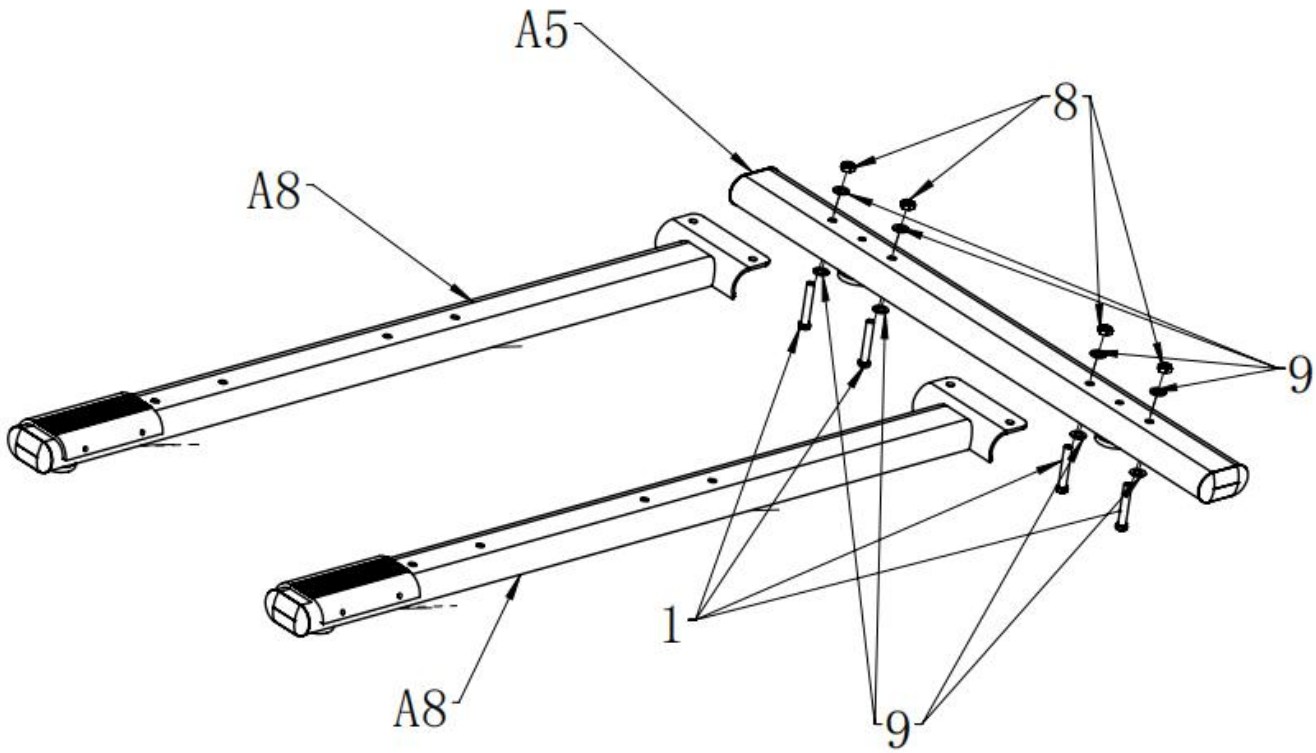
A1 Left Column 1PC 	A2 Right Column 1PC 	A3 Cross Support 1PC 	A4 Back Pad 1PC 	A5 Back Base 1PC 
A6 Elbow Rest Pad 2PCS 	A7 Upper Beam Components 1PC 	A8 Front Base 2PCS 		

HARDWARE LIST

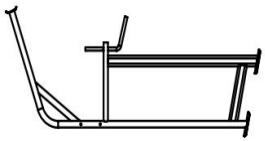
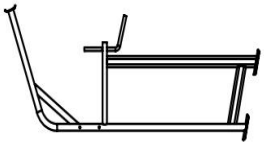
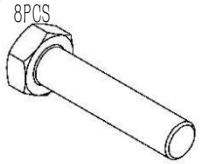
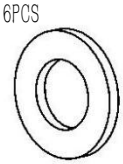
1 Bolt(M12x70) 16PCS 	2 Bolt(M8x55) 4PCS 	3 Bolt(M8x20) 4PCS 	4 Bolt(M10x120) 4PCS 	5 Washer(M10) 8PCS 
6 Lucknut(M8) 8PCS 	7 Washer(M8) 8PCS 	8 Lucknut(M10) 20PCS 	9 Washer(M10) 32PCS 	

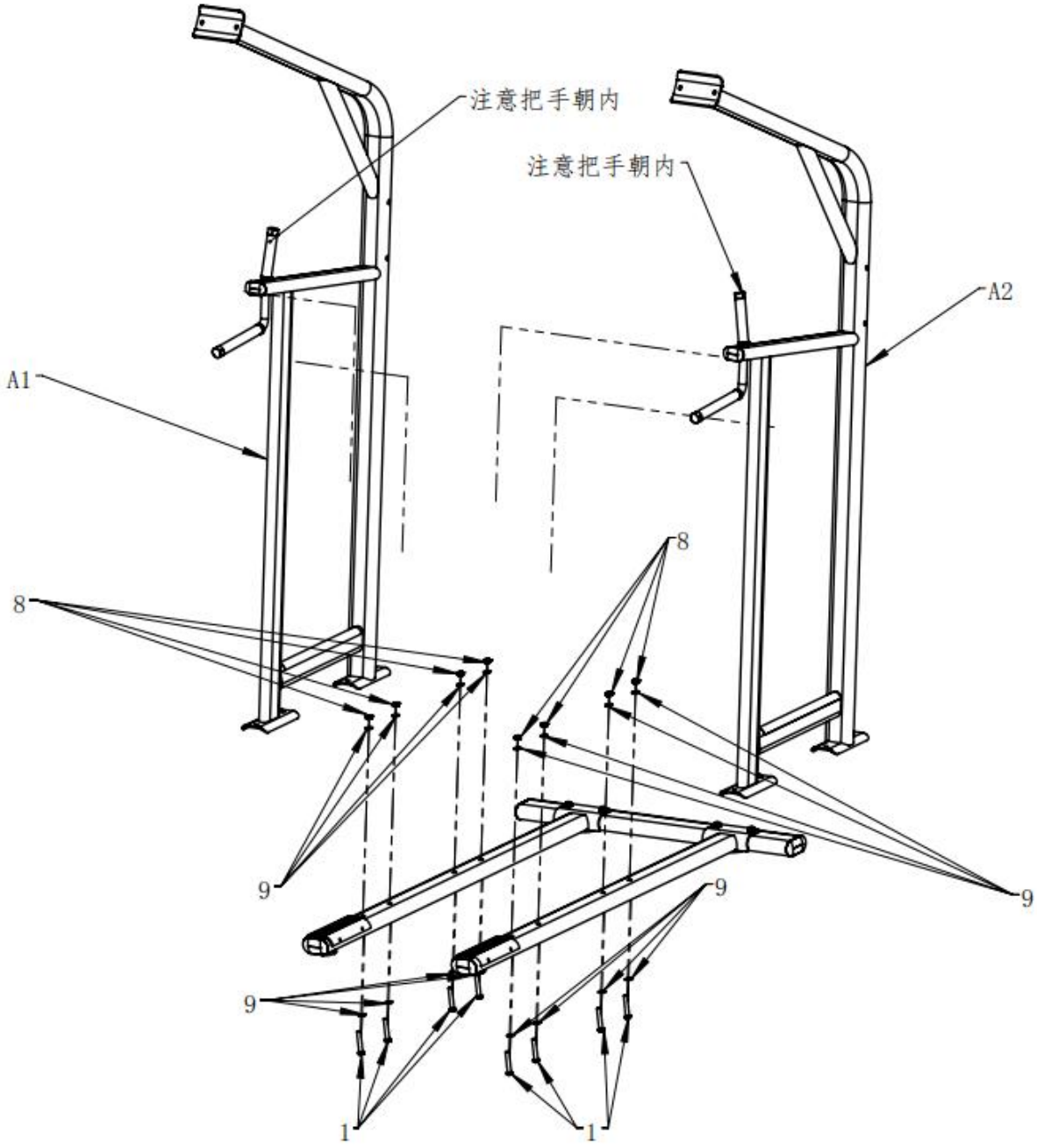
STEP1:

A8	Front Base 2PCS		A5	Back Base 1PC	
1	Bolt(M10x70) 4PCS		8	Lucknut(M10) 4PCS	
9	Washer(M10) 8PCS				

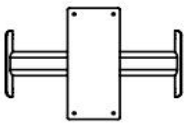
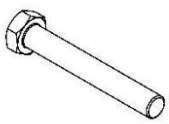
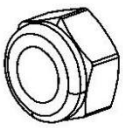
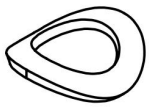


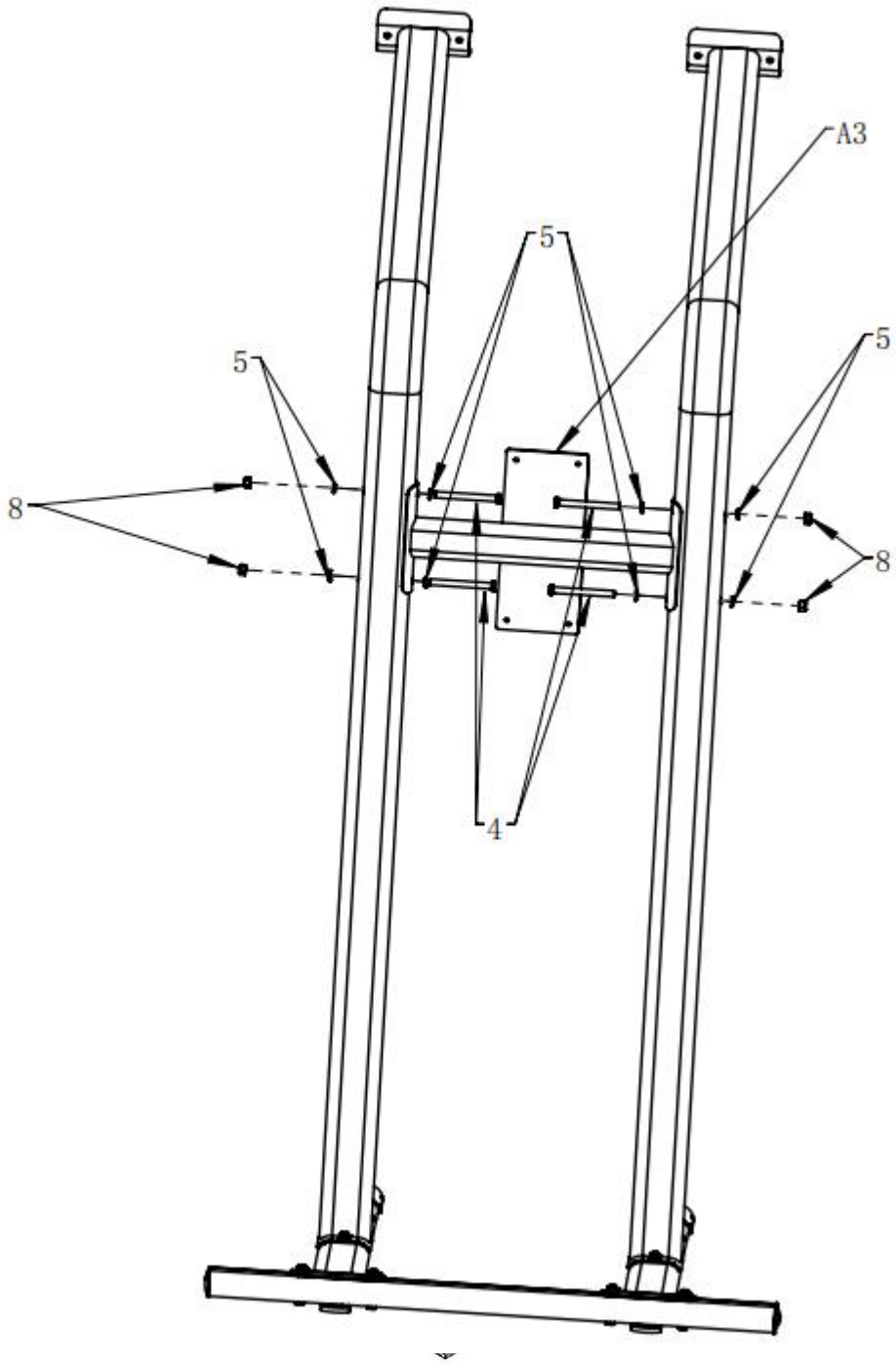
STEP2:

A1	Left Column 1PC		A2	Right Column 1PC	
1	Bolt(M10x70) 8PCS		8	Lucknut(M10) 8PCS	
9	Washer(M10) 16PCS				

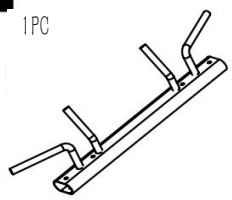
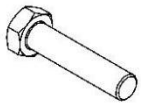


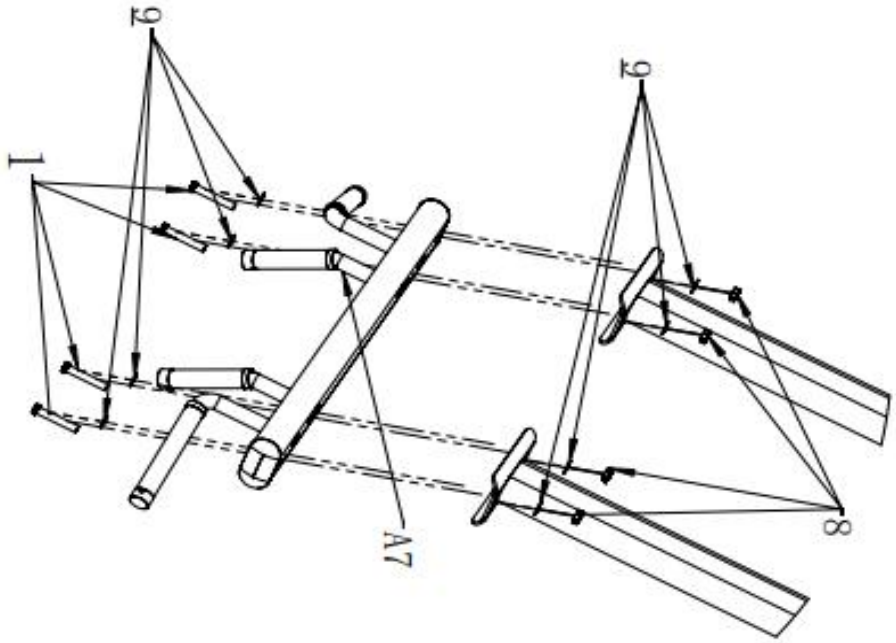
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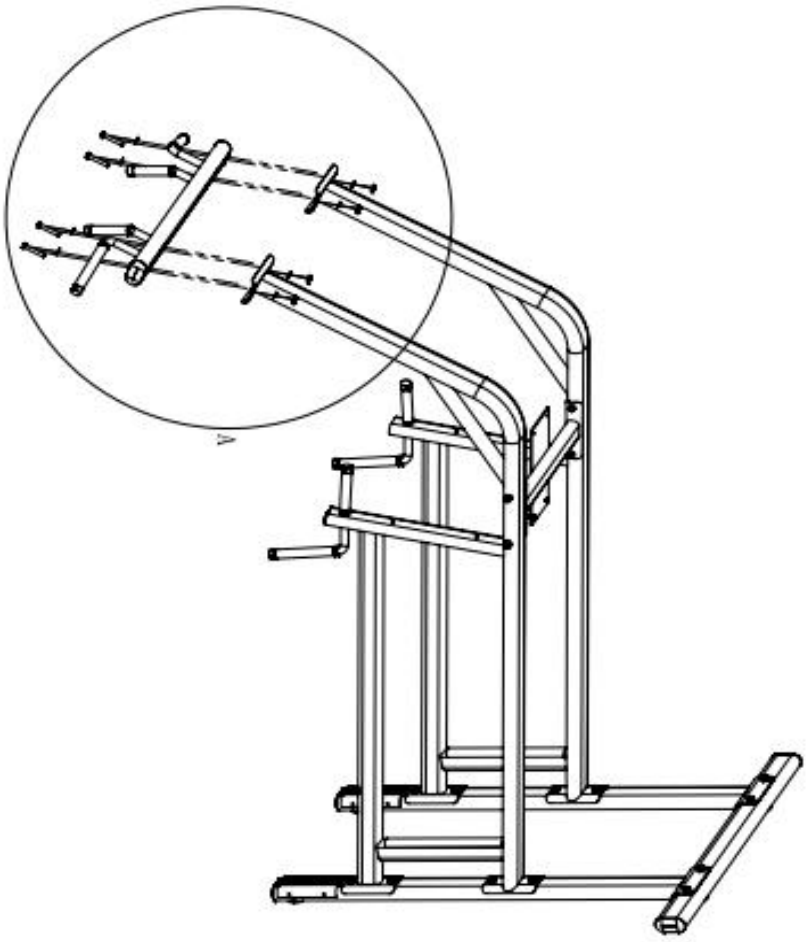
A3 Cross Support 1PC 	4 Bolt(M10x120) 4PCS 	8 Lucknut(M10) 4PCS 	5 Washer(M10) 16PCS 



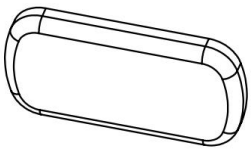
STEP4:

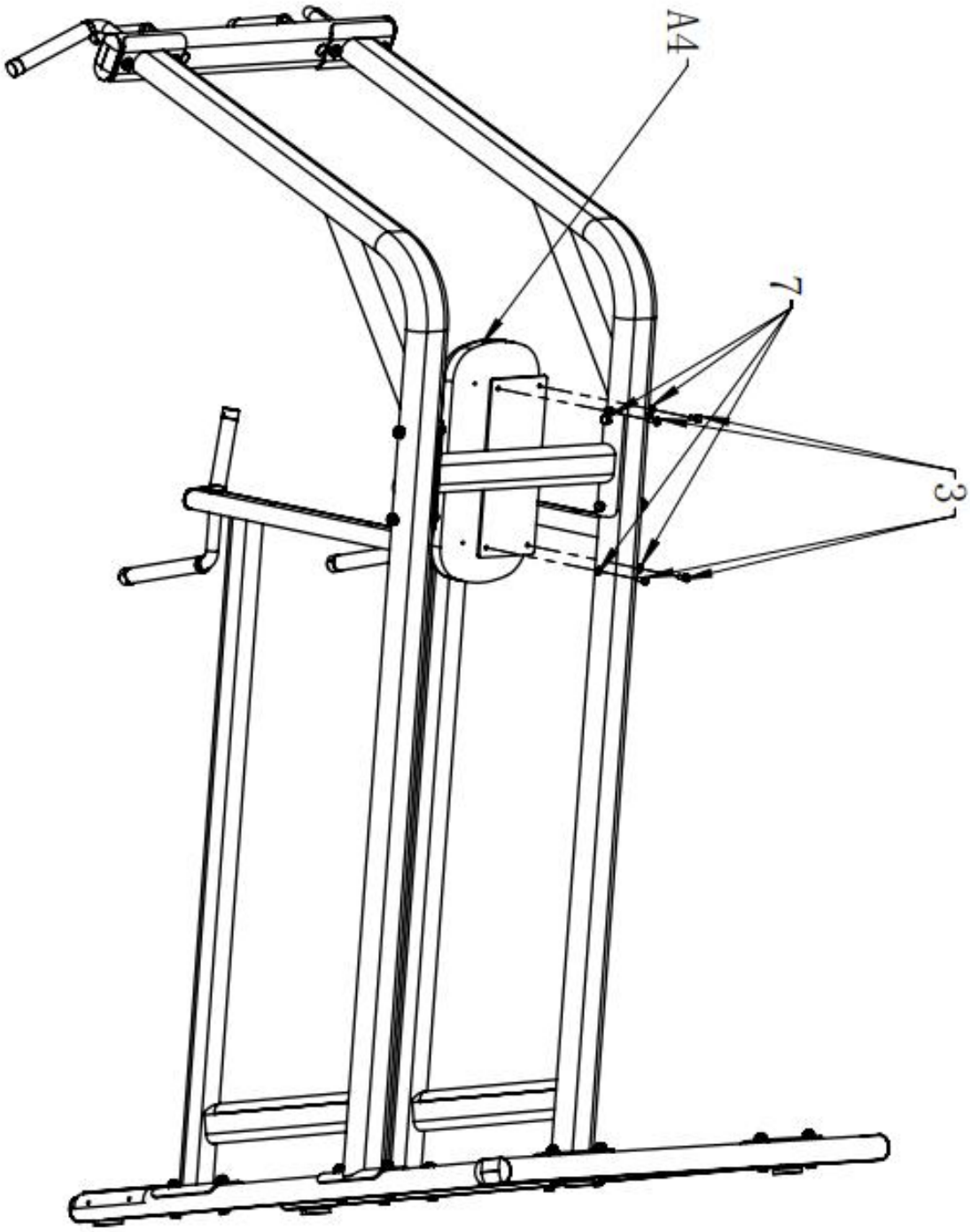
A7 Upper Beam Components 1PC	8 Lucknut(M10) 4PCS	9 Washer(M10) 8PCS	1 Bolt(M10x70) 4PCS
			





STEP5:

A4 Back Pad 1PC 	3 Washer(M8) 4PCS 	7 Washer(M8) 4PCS 



STEP6:

A6 Elbow Rest Pad 2PCS	2 Bolt(M8x55) 4PCS	7 Washer(M8) 4PCS

