

PL340B HIP THRUST

- > **Length:** 161cm
- > **Width:** 160cm
- > **Height:** 110cm
- > **Weight:** 120.4kg
- > **Maximum weight:** 200g



- > **Easy-adjust roller at the front of the waist**
- > Improved design to find the best angle and exact degrees. It allows the development of a precise movement for gluteal muscles
- > High durability stainless screws at all junction points
- > Ultra-solid steel tube. Combination of 76mm circular tube and 100x50mm oval tube with a thickness of 3mm. TIG welding in all junction points
- > 2 racks for plate storage
- > Safety lever to release weight once the person is using the machine
- > Oversized platform to offer more safety and more versatility of exercises
- > High density polyfoam upholstery that guarantees comfort and high durability.
- > High quality industrial bearings to ensure smooth operations and corrosion protection.
- > Rubber protections on the legs for avoiding the scratches
- > Aluminum anti-slip grips for the best feeling during the exercise
- > Grips diameter: 38mm
- > Thanks to its wide possibilities of adjustment, the equipment can be used by all type of users